



**Home & Family
Counselling**
Resilient People,
Thriving Communities.

Let's talk

NEWSLETTER, MARCH 2018



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125 Years and Celebrating

It's hard to imagine that when Home and Family Counselling commenced work 125 years ago as The Society for the Protection of Women and Children there didn't appear to be a lot of interest in the objects of the society, 'deemed not quite so popular as others', yet here we are celebrating 125 years of service!

1893 had a focus and commitment to protecting and supporting mothers and children who had been abused or abandoned by their husbands/fathers alongside agitating for the improvement of the Statute Laws, with a view to the more effectual protection of women and children. Due to the Society's relentless efforts incest was included in the Crimes Act in 1900. The age of consent was raised from 14 to 16 years and the Children's Court was established alongside other improvements in legislation, also in 1900. The Society was also influential in the improved economic conditions for the sick and the poor by the introduction of the Social Security Act 1938 and also to the Domestic Proceedings Act 1939. The Society also played a part in the admission of women into the police force, improved maternity services and the provision of sustenance payments for unemployed women. We also took the SPCA under our wing, forming a merger when they were struggling and went into recess and this partnership spanned 28 years. The Society later expanded its work to include assisting couples and families.

What remains consistent over the years is the organisations unyielding commitment to social justice and its capacity to remain relevant in a changing society.

Sometimes the words 'thank you' are inadequate to convey how deeply grateful we are for the generations of people, past and present, who have supported the organisations' objectives and today share our vision for a community where people are thriving and able to fully participate in all areas of society.

TESTIMONIALS

Here's what our clients say about the impact counselling had on their lives.

"I really appreciate your help and services. It changed my life."

"I think it's been amazing and we've been treated so well; we are very grateful for this service."

"I am participating in life more and not trying to isolate myself from social events."

"Everyone is kind – mindful, and the donation funding system helps me to be consistent with appointments."

Our service makes a real difference to lives and families. Your donation helps us to keep our service accessible to all in our community and will go towards providing professional counselling so that we can continue helping those that need our services.

To donate, go online to homeandfamily.org.nz and click the 'Donate Now' button.



Our History



Henry Wilding, JP, in 1893. Founder of 'The Society for the Protection of Women and Children', Chairman of the Committee from 1893-1917.

Up until his illness and subsequent death, Henry Wilding had been Chairman and Chief Inspector from the inception of the Society, a total of 22 years. No words could speak too highly of the contribution of this man to the Society, and the firm resolve and kindly compassion which characterised his vision and his work.

Dr Beattie, acting Chairman at the AGM in 1915, due to Henry's absence through illness, said "Mr Wilding had given his time and his sympathy ungrudgingly and had performed many kindly deeds and done an immense amount of good in a quiet manner, working at all times and at great personal sacrifice on behalf of those in need".



Auckland Star, Pg 5. September 1st 1933.

In reading the article regarding Street Collections one is prompted to reflect on its relevance to our sector today. Certainly Home and Family Counselling and many other organisations continue to rely heavily on raising funds to sustain accessible professional services. At Home and Family we depend on the generosity of our supporters to donate goods and services for our events and to the commitment of people attending our events and donating to our appeals.



The Sun, 20 November 1928. Fundraising of the past. Street collections largely provided proceeds upon which we operated.



March 1998



Fundraising more than fruitful

13 year old Brendan Loo is much more than a good sort. He is an inspirational young man who has been fundraising since he was 10 years old; by putting a little table out in front of the iconic KC Loo Fruit Shop on the corner of Stokes Road and Mount Eden Rd.

KC Loo is a family owned fruit and vege store which has been serving locals for decades. Brendan has fundraised and helped many charities with his simple yet clever concept of fundraising from his bric a brac style table in the family fruit shop. His charming fundraising table has raised a lot of money for local schools such as Kohia Terrace school as well as Loloma Home in Fiji, and many other deserving charities.

Thanks to Brendan and the well-known Loo family, Home and Family Counselling was chosen to receive the proceeds of his latest efforts – an amazing \$2,500. Thank you for your charitable heart and community spirit Brendan – you really make a difference and we will put your fundraising dollars towards professional counselling for young people.

Brendan Loo, hands over a cheque to Home and Family Office Manager Sheryl Amundsen

Let's talk

with our newest member, Judith Bland who is the receptionist at our Mt Eden office.



Q What do you find most rewarding about your role?

I like helping people. I enjoy making people feel welcome when they arrive at our centre. For instance, sometimes they might feel anxious if this is their first time at counselling, so I put them at ease.

Q What was your first impression of Home and Family Counselling?

It was very welcoming and friendly, and there is very much a sense of family.

Q What three words would you use to describe your role?

Rewarding, Inspiring, Challenging

Q What do you know about Home and Family Counselling as an organisation now, that you didn't know when you first started?

When I first started, I didn't know Home and Family was a not-for-profit organisation. It makes me feel wonderful that people come here for help, and that we don't charge a lot of money which other organisations or someone running a private centre might do.

Q What are some of your family traditions?

Coming from South Africa, the braai (or BBQ) has played a big role in our traditional family gatherings, where we'd typically have a selection of meat and sausages, along with salads and so on. Now we are creating new special family traditions

that are very New Zealand in flavour. Our current favourite is simply enjoying fish and chips on the beach.

Q What do you like to do when you're not working?

I like to spend time with the family and go on outings around Auckland, eg movies at Silo park, Chinese lantern festival and walking through nature.

Q What is your biggest achievement to date – personal or professional?

Without a doubt, my greatest achievement was climbing Mount Kilimanjaro. We were at a scouts meeting where a man was talking with such passion about his plan to summit the seven highest peaks on each continent. I said to my husband, 'I want to do that.' And so we set about training for an entire year in preparation of the climb. It was snowing on 13 December 2013, when with our group of 13 people, we succeeded in summiting Mount Kilimanjaro. The climb was in recognition and celebration of my 40th and my son's 21st birthday.

Q What is your motto or personal mantra?

Treat others as you would like them to treat you.

Q What is your guilty pleasure?

Most definitely chocolate – after all, it is a vegetable.



July 1903, Grapevine, The Cry of the Children. '... Surely everyone with a spark of humanity left in their hearts, or a shred of affection for the little ones, must feel that it is their positive duty to support the Society.



14 April 1893, The Star reported that at a public meeting 'there was very little interest manifested in the proceedings' to form our society, but 11 days later, on 25 April 1893 we were founded.

Events Update

Mailshop Womens Golf



Clear, blue skies at RAGGC on 4 December gave the 104 people who teed off the most perfect day to play a round of golf. Every team received a prize, with the winning team of Kathy Didsbury and Margot McMath each receiving a gorgeous Hermes® bag.

Our target was to raise money to provide professional counselling and support for 750 women and their families. Every tee was sponsored, thanks to an amazing family of loyal, returning partners, and new supporters. In addition to this we had some truly incredible auction items, raffles and team prizes, which included items from Partridge Jewellers, Farro, and MitoQ through to a marvellous selection of getaway experiences including Waiheke Island, Terrace Downs, Seminyak-Bali, and crowd favourite, a week at Noosa Springs Resort and Spa.

There were also poignant moments during the day, especially when our Executive Director Shelley Anderson shared her personal story, which took great courage and demonstrated her passion and belief in the positive impact that counselling can have.

This event wouldn't be possible without our platinum sponsor Mailshop, our event, tee and prize sponsors, and the many very generous donors, the majority of whom support this annual event year after year. Thanks to you we really cracked it this year, and raised over \$50,000 which meant this was our best ever golf fundraiser. We are humbled with gratitude and thank every single one of you. The magic and energy of pulling this event together is entirely due to the tireless work of our golf tournament committee, with deepest thanks to Linda Robert, Kathy Didsbury, Mary Murphy, Maree Dawson and Helen Vivian.



Murder on the Orient Express

Everyone was a suspect in November, when we hosted an opening night movie screening of the latest Agatha Christie classic, Murder on the Orient Express, at Event Cinemas in Newmarket. We filled two entire theatres, thanks to our donors and supporters. There was free popcorn, wine and Whittakers chocolate for movie goers, along with some fantastic raffles and prizes including a return train journey for a family of 4 from Auckland to Wellington thanks to Tranzrail and Rydges Hotel. Our deepest thanks go out to our dynamic and enthusiastic fundraiser movie committee, Anna Stewart and Fleur Helsby. We achieved a wonderful result, and fundraised enough to provide for more than 40 counselling sessions.



UPCOMING EVENTS



At the movies

The Bookshop - June 2018

The Bridgeway Theatre, 122 Queen St, Northcote Point.

June opening date to be confirmed, so be sure to keep your eye out.

Based on the critically acclaimed, Man Booker prize shortlisted novel by Penelope Fitzgerald, The Bookshop is set in a small coastal Suffolk town in 1959.

The movie features Emily Mortimer as Florence Green, a middle aged widow who decides to open a bookshop in an old abandoned house, with Violet Gamart as the influential and ambitious Patricia Gamart who intends to set up an arts centre in the ghostly house, and Bill Nighy as Edmund Brundish, the MP nephew who sponsors a bill to empower local councils to purchase any historical building that has been vacant or uninhabited for five years.

Join us at the Bridgeway to see what will happen when the bill is passed and Florence is evicted!

We'll have a special deal for diners at Clarence St Restaurant (next to the cinema) on the night.

For movie tickets and restaurant information simply visit our website. www.homeandfamily.org.nz

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